

Shrewsbury High School

Date: SEPTEMBER 14-18

Monday	
Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	*Papa Gino Pizza w/ Crinkle Cut Fries & Oranges (P/V/F) "SHS" Mashed Potato Bowl (P/G/V) Made to order Deli (G/P/F) Made to Order Chicken Caesar Salad served w/Wheat Rolls (G/P/V) Chicken Caesar Salad Plate(P/G/V) / Assorted Sandwiches w/Fruit (G/P/F)
Tuesday	
Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	Chicken Patty Sandwich served w/Chips and Apples (P/G/F) Pasta Bar w/Marinara Sauce or Meat Sauce served w/Garlic Rolls (G/V/P) Made to order Deli (G/P/F) Made to Order Chicken Caesar Salad served w/ Garlic Knots (P/V/G) Chicken Caesar Salad Plate (P/G/V)/ Assorted Sandwiches w/Fruit (G/P/F)
Wednesday	
Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	*Papa Gino's Pizza served w/ Crinkle Cut Fries & Pears (P/V/F) "SHS" Mashed Potato Bowl (P/G/V) Made to order Deli (G/P/F) Made to Order Chicken Caesar Salad served w/Wheat Rolls (P/V/G) Chicken Caesar Salad Plate (P/G/V)/ Assorted Sandwiches w/Fruit (G/P/F)
Thursday	
Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	Dominos Pizza served w/ Fries & Apples (P/V/F) Burger Bar w/ Lettuce ,Tomato, & Cheese served w/ Fries (G/P/V) Made to order Deli (G/P/F) Made to Order Chicken Caesar Salad served w/Garlic Knots (P/V/G) Chicken Caesar Salad Plates(P/G/V) / Assorted Sandwiches w/Fruit (G/P/F)
Friday	
Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	Spicy Chicken Patty served w/ Chips, Celery Sticks w/Blue Cheese Dressing (G/P/V) Philly Cheese Steak w/Peppers and Onions w/Chips (G/P/V) Made to order Deli (G/P/F) Made to Order Chicken Caesar Salad served w/ Wheat Rolls (P/V/G) Assorted Salad Plates (P/G/V) Assorted Sandwiches w/Fruit (G/P/F)
Reduced Lunch\$.40 Lunch \$3.75	MEALS INCLUDE ASSORTED MILK, FRUIT(F) and VEGETABLE BAR(V)Assorted Fruits (F) Juices(F) and Vegetables(V),Grain(G) and Proteins (P) ALL LUNCHESES MUST INCLUDE A FRUIT (F) OR VEGETABLE(V) Check our Soup Du Jour Selections
USDA is an equal opportunity provider and employer.	High School menu posted at http://schools.shrewsburyma.gov/foodsvc/hslunchmenu.cfm Email Comments and Suggestions to: mricker@shrewsbury.k12.ma.us <u>Please call the Cafeteria Manager at your school if you have questions about food ingredients or allergens</u> <u>Allergens or gluten free choices</u>